 <b>ICMR-National Institute Of Nutrition</b>		SOP Number: ICMR-NIN / COVID19 / 02	
<b>Title</b>	<b>SOP for health care workers during and after end of Surveillance activities in the containment zones/Survey areas</b>		
<b>Version 1.0</b>	Prepared :09.06.2020	Effective from:10.06.2020	Valid upto: 31.12.2020
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**1. Scope:** To be used by health care workers during surveillance activities in the containment zones.

**2. Purpose:** This document describes information about what precautions need to be taken during surveillance activities in the containment zones/ Survey areas

**3. Responsibilities:**


- Quality/ Certified PPE Kits to be used by the health care worker during the surveillance
- Proper disposal of biomedical waste in the designated biohazard bags provided.

**4. Materials required :**

N95 Masks, PPE Kits, Nitrile gloves, Alcohol based hand sanitizer, 70% alcohol swabs, 1% hypochlorite, Biohazard yellow bags.

**5. General Measures :**

- To carry 'thermal scanners' to check temperature of the participants.
- To Carry hand sanitizers and use as frequently as possible.
- Ensure that finger nails are clean, short and restrict usage of ornaments/wrist watch in the survey process.
- To Use alcohol based hand sanitizer or soap water for 20-40 seconds before wearing gloves
- Do not touch your eyes, nose and mouth while in the survey process
- Use of N95 mask or triple layered surgical mask to cover nose and mouth is mandatory
- To Wear Nitrile gloves while filling questionnaire and consent form
- To Use goggles or face shield while interacting with the participants or filling questionnaire
- To Maintain a safe distance of 6 feet during interaction with the participants
- To advice and recommend the participants to use face mask throughout the interaction
- To provide hand sanitizer to the participant before signing consent form.
- Encourage the participants to keep hands away from nose, eyes and mouth
- Lab Tech/ANM, to use sanitizer for hand hygiene before handling every participant.

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- ANM / lab technician is advised to wear complete PPE kit in the field (i.e body cover, head cover, goggles, face mask and hand gloves)
- Cleaning of pen, ID Card using alcohol based cotton swipe at the end of survey, on each day should be done
- Each team member is advised not to touch any surfaces or objects in the survey area.
- Follow Biomedical Waste Management-2016 guidelines, to discard waste in yellow bags
- Every surveillance team member to carry his/her own water bottle, food, reusable and washable carry bags
- Use Cap/ Hat/ Umbrella to protect against extreme heat/rain.
- To Carry ICMR-NIN Identity Card always and show/display on demand.
- To Carry all Surveillance related approval copies like DG, ICMR-NIN Letter/National ethics committee/state health authority approval copy etc
- To download Aarogya Setu app and advise participants to download the app.
- There should not be gathering of 5 or more persons at a time in the survey area.


### Special Measures

#### **a) Lab Technician/Auxiliary Nurse Midwife:**

- To wear complete PPE kit( body cover, head cover, goggles, face shield, face mask and hand gloves) while procuring blood samples from the participants
- To wear new/separate nitrile hand gloves for each participant
- To Use new tourniquet for each participant or disinfect tourniquet every time before using it for the next participant

#### **b) Participants**

- To use their own pen to sign the consent form
- Other family members to maintain minimum 6 feet distance while interaction with survey team members
- If sneezing/coughing, maintain distance more than 6 feet and follow procedures to prevent spread to survey team/other people.

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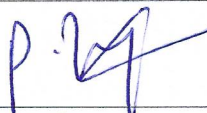

**6. Vehicle & Driver**

- Each vehicle must be sanitized with 1% sodium hypochloride solution or any appropriate chemical disinfectant before departure and after arrival every day to the head quarters
- Vehicle driver to be provided with mask, gloves and sanitizer.
- Vehicle driver to be followed through telephone upto 14 days for symptoms like fever, cough, and breathing difficulty, if any

7. Hydroxychloroquine (HCQ) tablet may be used as prophylactic agent in asymptomatic front line workers as per latest ICMR guidelines.

8. In case, any field surveillance worker becomes symptomatic ( fever, cough, breathing difficulty) within 14 days after survey, they should inform Director ,get tested and follow standard protocol as per National/ICMR guidelines.

9. Self monitoring by health care workers for a period of 14 days after last potential exposure to be done .No exclusion from duty needed.

	<b>Prepared By</b>	<b>Reviewed By</b>	<b>Approved By</b>
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